

BOTOX

As people age, facial expressions leave their scars in the face. Forehead lines, crow's feet and frown furrows occur. To treat these wrinkles, little subcutaneous muscles can be injected with a product called **Botox**.

Botox treatment decreases the over activity of the facial muscles. Botox is a toxin that causes a paralysis of the muscle. Being injected by in minimal doses, Botox has a local effect by which the facial muscles tend to relax and the underlying skin becomes smooth and unwrinkled.

After the Botox treatment, your skin will look younger and smoother. Botox injections do not affect the normal facial expression. **The full effects of Botox treatments are not apparent for 3 to 5 days and they remain for approximately 6 months.** This might vary form person to person.

Botox is injected with a very tiny needle into the desired area and no anaesthesia is required. It can be done simply during the consultation and there is usually no discomfort. By way of speaking, one can be treated during his or her lunch-break and immediately resume normal activities.

Botox has been used safely for years by different doctors, without any side effects. Very occasionally drooping of the eyelid or mouth corner might occur.

However due to the non-permanent nature of Botox, this is always temporary and if a droop were to occur, it disappears spontaneously after 1 or 2 weeks. Other facial parts are not suitable to be injected with Botox because they are vital for the natural facial expression.

Hyperhidrosis (excessive sweating) affects close to 1 in 100 people. This condition is usually felt to be very awkward and uncomfortable. Botox injections have proven very effective to control this excessive sweating.

Scientific studies have shown that sweat secretion is down 87% on average just one week after Botox injections.

The doctor injects Botox into the armpits using a very fine needle. This Botox treatment takes half an hour on average and requires no suspension of one's daily activities.

A clear improvement is seen in just 1 to 3 days, with optimal results achieved two weeks after the Botox injections. The Botox treatment remains effective for from 6 to 9 months (the exact length varies with the person), after which it may be repeated.

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